# August 2023

**MONDAY**

- **Breakfast**
  - Assorted Muffins
  - Spicy Chicken Sandwich
  - Fries
  - Burger Salad

- **Lunch**
  - Chicken Sausage
  - Pancake Sandwich
  - Hot Dog/Chili Dog
  - Tater Tots
  - Baby Carrots

**TUESDAY**

- **Breakfast**
  - Whole Grain Wrap
  - Breakfast Wrap
  - Chicken Parmesan
  - Spaghetti
  - Green Beans
  - Chopped Salad
  - Garlic Bread Stick

- **Lunch**
  - Whole Grain Conch
  - Boneless Chicken Wings
  - W/ Roll
  - Cucumbers
  - Sweet Potato Fries

**WEDNESDAY**

- **Breakfast**
  - Whole Grain Tarts
  - Grilled Cheese Sandwich
  - Tomato Soup
  - Baby Carrots
  - Jicama

- **Lunch**
  - Sb & Jelly Sandwich
  - Beefaroni W/Roll
  - Potato Wedges
  - Chopped Salad

**THURSDAY**

- **Breakfast**
  - Banana Bread
  - Lasagna/W/Meat
  - Garlic Bread Stick
  - Season Corn
  - Jicama

- **Lunch**
  - Whole Grain Conch
  - Boneless Chicken Wings
  - W/ Roll
  - Cucumbers
  - Sweet Potato Fries

**FRIDAY**

- **Breakfast**
  - Yogurt Parfait
  - W/Cracker
  - Pozole W/Roll
  - Cabbage/ Radish
  - Jicama

- **Lunch**
  - Menudo W/Roll
  - Meatballs
  - Sandwich
  - Season Corn
  - Steamed Broccoli

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**NWCHS Alternative Menu**

**MONDAY**
- Italian Cold Cut Sub Sandwich
- Spicy Buffalo Ranch Chicken Salad
- Pepperoni Pizza

**TUESDAY**
- Ham & Cheese Croissant Sandwich
- Crispy Oriental Salad
- Buffalo Chicken Pizza

**WEDNESDAY**
- Turkey Bacon Wrap
- Grilled Chicken Caesar Salad
- BBQ Pizza

**THURSDAY**
- Deli Sandwich
- Mexi-Ranch Chicken Salad
- Mega Meats Pizza

**FRIDAY**
- Spicy Chicken Buffalo Wrap
- Fresh Chef Salad
- Cheese Pizza

**SCHOOL SUPPLIES**
- Blue/Black Pen
- Colored Pencils
- Post-its
- Plastic Folder
- Highlighters
- Tissue Box
- No.2 Pencils
- Wide-Rule Paper
- Ruler
- Erasers
- Glue Sticks
- Pencil Sharpener
- Scissors
- Backpack
- Combination Lock
- Subject Divider
- 3Ring Binder
- White-Out
- Graph Paper
- Calculator

Fresh/Chilled Fruit & Milk Served Daily

Menu Subject to Change

FOOD & NUTRITIONAL DIVISION
NATIONAL SCHOOL BREAKFAST & LUNCH PROGRAMS